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Lesson 1

1. **extended:** prolonged or continuing over a period of time.
2. **siblings:** a sister or a brother.
3. **consulted:** to speak with someone or look up something to gain advice or information.
4. **advice:** an idea or opinion that someone gives to help you decide.
5. **binding:** the act of fastening, securing, and holding tight or together.
6. **occasions:** an instance or time of something happening. or special event.
7. **insist:** refuse to give up.
8. **abide:** to continue, stand.
9. **celebrate:** to honor something or make it special by giving gifts or doing things that people enjoy.

Lesson 2

1. **hygiene:** the practice of keeping clean to stay healthy and prevent disease.
2. **infection:** a disease caused by germs.
3. **negligence:** the failure to exercise reasonable care.
4. **habits:** a regular action or activity.
5. **affect:** to cause a change in.
6. **artificial:** made by people, not natural.
7. **servings:** an amount of food or drink that is usually taken by one person at one time.
8. **rinse:** to wash off with water.
9. **fast-food:** easily prepared processed food served in snack bars and restaurants as a quick meal or to be taken away.
10. **utensils:** a tool for preparing or eating food.
11. **harm:** to hurt or injure.
12. **avoid:** to keep away from.
13. **hunt:** search determinedly for someone or something.
14. **sanitizer:** a substance or preparation for killing germs, designed for use especially on food-processing equipment.
15. **immune:** not affected or influenced by something.
16. **exert:** make a physical or mental effort.

Lesson 3

1. **foundation:** the base of something such as an action, substance, structure, or opinion.
2. **prosperous:** having wealth, success, or good fortune.
3. **inventions:** something made for the first time.
4. **discoveries:** the act of finding or seeing something before anyone else.

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5. **machines:** a piece of equipment with a system of parts that work together to do or make something.
6. **promise:** a statement that makes someone feel sure that something will happen or be done.
7. **attention:** the act of directing your mind to something, especially by listening or watching.
8. **participate:** to take part.
9. **competition:** the process or act of trying to win.
10. **discipline:** training of the body or mind to behave in a certain way.
11. **persuade:** to cause someone to believe something.

Lesson 4

1. **hurt:** to cause pain or harm to.
2. **principles:** a basic law or belief on which action or behavior is based.
3. **preventing:** to keep or stop from happening.
4. **burn:** to hurt or damage by too much heat.
5. **vehicles:** a thing used to carry and move people or things.
6. **supervision:** the act or process of supervising.
7. **ride:** to be carried by a vehicle or animal.
8. **protect:** to defend or keep safe from danger or harm.
9. **crashes:** a violent accident.
10. **caution:** care and attention to safety.
11. **strangers:** a person that you do not know.
12. **harmful:** causing harm
13. **accident:** a crash involving road or other vehicles.

Lesson 5

1. **intersection:** the place where two or more lines, roads, or other straight things meet.
2. **citizen:** a person who is a member of a country because of being born there.
3. **violates:** to break or fail to keep.
4. **rules:** a law or direction that guides behavior or action.
5. **queue:** a line, as of people, cars, or the like, especially those waiting to be served.
6. **assembly:** a part of state government that makes laws.
7. **permission:** approval to do something, given by a person with authority.
8. **treated:** to act toward someone or something in a particular way.
9. **abuse:** to use in a way that is wrong or bad.
10. **generous:** willing to give or share.
11. **peaceful:** without war or fighting.
12. **realize:** to understand in a clear way.
13. **garbage:** rubbish or waste, especially domestic refuse.

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14. **roaring:** laugh loudly.
15. **mimic:** a person skilled in copy the voice or actions of others in an entertaining way.
16. **calm:** not showing or feeling nervousness, anger, or other strong emotions.
17. **attitude:** a settled way of thinking or feeling about something.
18. **morals:** having to do with what is right and what is wrong in how a person acts.
19. **spirit:** a force that is thought to be a part of human beings, soul.
20. **vibrant:** full of energy or constant activity as if vibrating or pulsing.

Lesson 6

1. **sorts:** to put into groups.
2. **religion:** a set of beliefs that includes a belief about god or gods.
3. **profession:** a job or type of work that needs special training or study.
4. **recognition:** the act of realizing that one knows someone or something.
5. **appearance:** the way something seems or looks.
6. **wish:** to desire, want.
7. **worse:** comparative form of badly.
8. **distinguish:** to tell apart by seeing differences.
9. **identity:** who a person is.
10. **inquiries:** to try to find out by asking.
11. **belong:** to have as a proper place or situation.
12. **tease:** a person who makes fun of someone playfully.
13. **discriminate:** to judge or treat someone.

Lesson 7

1. **mild:** not harsh, gentle.
2. **fairly:** in honest way.
3. **variations:** the act or process of changing, or the condition of being changeable.
4. **pattern:** an arrangement of shapes, lines, letters, numbers, or colors that can be repeated or used again and again.
5. **incessant:** never stopping, constant.
6. **wondered:** a thing or event that causes surprise.
7. **precipitation:** the act of water falling in the form of rain, snow, sleet, or hail.
8. **Climatology:** science of climates, the scientific study of long-term patterns of weather conditions.
9. **Meteorology:** the science that studies the earth's weather and atmosphere.
10. **tilt:** to move or place so that one side is higher than the other.
11. **entirely:** completely, in every way.
12. **equator:** the imaginary circle around the middle of the earth.
13. **farthest:** at the greatest distance.

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14. **hemisphere:** a half of any sphere.
15. **imbalance:** the condition of lacking balance.
16. **storm:** a violent event in weather in which there may be a lot of rain, snow, or wind.
17. **Monsoon:** a wind system of the Indian Ocean that blows from the southwest in the summer and the northeast in the winter. The southwest monsoon brings with it a season of heavy rain.
18. **landmass:** a large body of land such as a continent or subcontinent.
19. **laden:** filled with a great weight.

Lesson 8

1. **comprising:** to be made up of, consist of.
2. **dismissal:** an act or instance of dismissing.
3. **revolve:** to move in a circle around a fixed point.
4. **activities:** a specific thing that is done.
5. **indicating:** to show or point out.
6. **distant:** far away in time or space.
7. **leisure:** freedom from work, free time.

Lesson 9

1. **survive:** to continue to live after something very dangerous has happened.
2. **necessities:** a person or thing that is needed.
3. **organism:** an individual living thing, such as a plant, an animal, or a bacteria.
4. **staple:** to make two or more things hold together.
5. **originate:** to start or come into being.
6. **ingredients:** parts of a mixture.
7. **medicines:** the science of learning about and treating diseases and injuries.
8. **cure:** something that makes a sick person healthy or well.
9. **ailments:** a sickness or disorder, illness.
10. **render:** to cause to become, make.
11. **raw:** in its natural state, unprocessed.
12. **Herbs:** a plant that is used for healing the body or to give a pleasant smell or taste to something.
13. **tamed:** make less powerful and easier to control.
14. **domesticated:** to tame.
15. **transport:** to carry from one place to another.
16. **owe:** to have to pay.
17. **bulk:** a large size or mass.
18. **decorate:** to make more attractive by adding things.
19. **entertainers:** one who entertains by performance.

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20. **suppliers:** a person or organization that sells or provides items and services to others.
21. **numerous:** many.
22. **fragrance:** a pleasant smell.
23. **vitally:** having to do with life.
24. **fuels:** anything such as wood or gasoline that is burned as a source of energy.
25. **Crude oil:** unrefined petroleum.
26. **Natural gas:** flammable gas consisting Carbon and Hydrogen.
27. **preserve:** to keep safe from loss or harm.
28. **vast:** very large in size or area.
29. **depleting:** the part of an engine through which gas or steam pass out.
30. **intelligently:** having a great ability to learn, think, and understand.
31. **discourage:** to cause to lose hope or confidence.
32. **misuse:** a wrong use.

Lesson 10

1. **excitement:** the state of being excited, a feeling of great eagerness.
2. **fears:** a strong feeling you get when you expect danger or pain.
3. **barely:** almost not at all.
4. **amidst:** in the middle of, in an atmosphere or against a background of.
5. **hurricane:** a powerful storm with heavy rains and winds that blow in a circle at 73 miles per hour or more.
6. **velocity:** rate of speed or motion.
7. **howling:** make a long, loud, sad sound like that of a wolf or dog.
8. **rushing:** to act or go fast, hurry.
9. **desperately:** greatly and seriously.
10. **trek:** a slow or difficult trip.
11. **dragged:** to pull along with effort.
12. **blinding:** emitting or reflecting a powerful bright light.
13. **terrible:** very bad, not acceptable.
14. **thunderstorm:** a storm with thunder, lightning, rain, and wind.
15. **soaking:** to place something in a liquid in order to make it wet.
16. **wrap:** a material that is used to cover something.
17. **delicious:** having a pleasing taste or smell.
18. **drenching:** to soak, or wet completely.
19. **grime:** dirt clinging to or rubbed into a surface.
20. **thirsty:** feeling a need to drink.
21. **famished:** very hungry.
22. **benevolence:** an act of kindness.
23. **essential:** an important or basic thing.

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Lesson 11

1. **confectionery:** sweets and chocolates considered collectively.
2. **demand:** to need or require.
3. **hastily:** fast or quick.
4. **profit:** a benefit or advantage that comes from doing something.
5. **furious:** full of anger
6. **fetching:** to go for (something) and bring back, or cause (a person) to come, get.
7. **selling:** to exchange with another for money.
8. **economy:** the system of how money is made and used within a particular country or region.
9. **institution:** an established law in a society.
10. **tap:** to strike lightly.
11. **industries:** the activity or process of turning raw materials into finished products, or a particular business that does this.
12. **factories:** a building or set of buildings where products are made by machines.
13. **exchange:** to give in return for something else, trade.

Lesson 12

1. **sacrificed:** the act of giving up something of great value to show loyalty or deep affection.
2. **blessed:** to ask for favor from God.
3. **fertile:** producing or able to produce farm crops or other plant life.
4. **deserts:** a very dry region with few plants growing in it.
5. **rugged:** strong and rough looking.
6. **plateaus:** a high, level area of land.
7. **mighty:** very large in size or power, huge.
8. **dense:** having parts very close together with little space between.
9. **extensive:** very large in size or quantity.
10. **cultivated:** to make fit for growing plants by plowing, weeding, or adding fertilizer.
11. **extracted:** a strong, concentrated form of a substance.
12. **agriculture:** the science or activity of farming. Agriculture includes raising crops and animals for food.
13. **valleys:** a long area of low land between mountains or hills.
14. **meadows:** an open field of grass that is growing wild or is used for pasture or to grow hay.
15. **hustle:** to push in a crowd.
16. **bustle:** to move rapidly and energetically.
17. **infrastructure:** the basic facilities and equipment, especially of a technological nature, that are necessary for a system or organization to function.
18. **heritage:** something that one believes, thinks, or does that comes from one's family or ethnic background, tradition.